

## **PATIENT INSTRUCTIONS**

APPOINTMENT DATE: \_\_\_\_\_ ARRIVAL TIME: \_\_\_\_\_

☐ Brigham and Women's  
**Hospital** Endoscopy Center  
75 Francis Street  
Amory Building, 2nd Floor  
Boston, MA 02115

☐ Brigham and Women's  
**Outpatient** Endoscopy Center  
850 Boylston Street (**Route 9**)  
2nd Floor, Suite 202  
Chestnut Hill, MA 02467

**PLEASE NOTE  
THAT THIS IS IN  
CHESTNUT HILL,  
NOT BOSTON**

***If you need to reschedule your appointment, please call the Endoscopy Center at 617-732-7426.  
If you have any questions regarding the procedure and preparation, please call our Endoscopy Triage  
Nurse at 617-525-6814.***

### **YOU ARE SCHEDULED FOR THE FOLLOWING PROCEDURE:**

- **BREATH TEST FOR HELICOBACTER PYLORI (H. pylori)**

### **PLEASE READ NOW AND FOLLOW THESE INSTRUCTIONS ENTIRELY:**

#### **Two Weeks Before the Test:**

- No antibiotics for two weeks. If you have taken antibiotics within 14 days of your appointment, please call to reschedule your test.
- Do not take Proton Pump Inhibitors (or their generic versions) such as Aciphex® (Rabeprazole), Nexium® (Esomeprazole), Prevacid® (Lansoprazole), Prilosec® (Omeprazole), Prilosec OTC® (Omeprazole), Protonix® (Pantoprazole), or Zegerid® (Omeprazole/Sodium Bicarbonate) for 2 weeks prior to the test.
- Do not take bismuth preparations such as Pepto Bismol® for 2 weeks prior to the test.
- **IF THIS IS A RECHECK AFTER TREATMENT,** it must be at least 8 weeks since your treatment was completed.

#### **One Hour Before the Test:**

- Do not eat or drink for 1 hour before the test.